

WELCOME



Thank you for taking the time to attend and
to be willing to share your views.

Useful acronyms:

PSHE Personal, Social and Health Education

KS2 Key Stage 2

KS3 Key Stage 3

RSE Relationships and Sex Education

AHT Assistant Headteacher

DHT Deputy Headteacher

DfE Department for Education

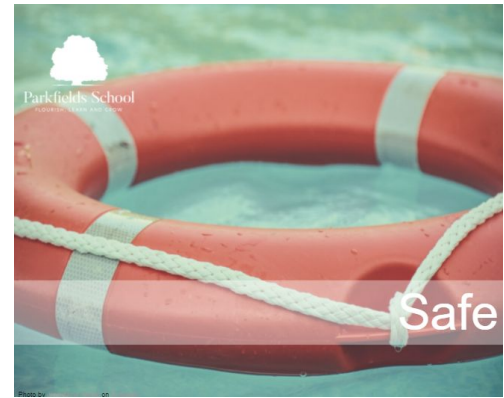
Our School Principles

High expectations - 'Consideration for All'

Tight routines - 'Flourish, Learn and Grow'

Essential rules - Ready, Respectful, Safe

#ProudToBeAtParkfields



Organisation of the curriculum (DfE statutory guidance)

Relationships Education	All schools providing primary education, including all-through schools and middle schools.
Relationships and Sex Education	All schools providing secondary education, including all-through schools and middle schools.
Health Education	All maintained schools.

Parkfields Middle School

Relationships Education and
Health Education – Primary (Years
5 and 6)



Parkfields Middle School

Relationships Education and
Health Education – Secondary
(Years 7 and 8)



For the purpose of the policies:

- **Relationships education** is defined as teaching pupils about healthy, respectful relationships, focusing on family and friendships, in all contexts, including online, as well as developing an understanding of human sexuality.
- **Relationships and sex education** is defined as teaching pupils about developing healthy, nurturing relationships of all kinds, and helping them to understand human sexuality and to respect themselves and others.
- **Health education** is defined as teaching pupils about how they can make good decisions about their own health and wellbeing, and how physical health and mental wellbeing are interlinked.



Year 5 and Year 6 (KS2)

Relationships education overview:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

Health education overview:

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and illness prevention
- Basic first aid
- Changing adolescent body
(inc. puberty and menstruation)

Sex education

All pupils must be taught the aspects of sex education outlined in the primary science curriculum – this includes teaching about the main external parts of the human body, how it changes as it grows from birth to old age, including puberty, and the reproductive process in some plants and animals.

The school is free to determine whether pupils should be taught sex education beyond what is required of the national curriculum.

At our school, we do not teach pupils sex education beyond what is required of the science curriculum.

Year 5 and Year 6 (KS2)

	Families and friendships	Safe relationships	Growing and changing
Y5	Managing friendships and peer influence	Physical contact and feeling safe	- Personal identity; recognising individuality and different qualities; - Mental wellbeing
Y6	- Attraction to others; romantic relationships; - Civil partnership and marriage	- Recognising and managing pressure; - Consent in different situations	<i>Human reproduction and birth;</i> - Increasing independence;

Year 7 and Year 8 (Secondary)

Relationships and sex education overview:

- Families
- Respectful relationships, including friendships
- Online and social media
- Being safe
- Sexual health and consent

Health education overview:

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and illness prevention
- Basic first aid

Changing adolescent body

By the end of secondary school, pupils will know:

Key facts about puberty, the changing adolescent body and menstrual wellbeing.

About the main changes which take place in males and females, and the implications for emotional and physical health.

Year 7 and Year 8 (Secondary)

Year 7

Relationship and Sex Education (RSE) and Health Education

Building relationships

Self-worth, romance and friendships (inc. online) and relationship boundaries

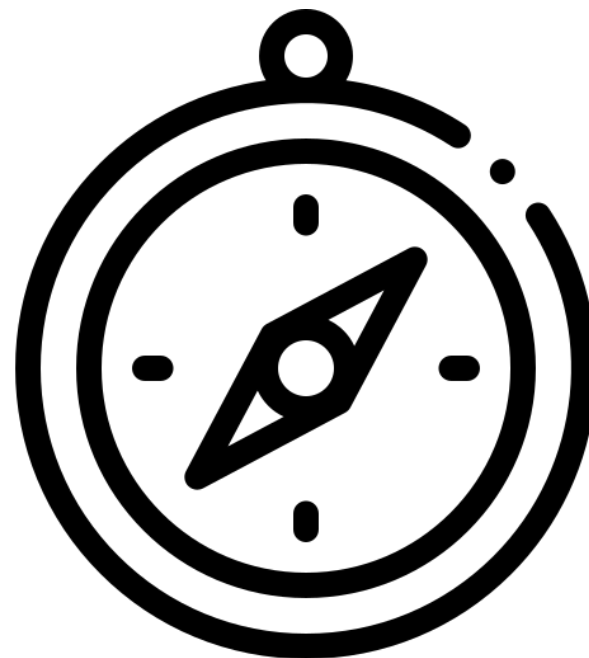
Year 8

Relationship and Sex Education (RSE) and Health Education

Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception



Parkfields School
FLOURISH, LEARN AND GROW





Parkfields School
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PSHE
Association

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Resources ▼

Guidance ▼

Training & events ▼

Our vision ▼

Q Search all

We are the national body for PSHE education

A membership association and charity, we support over 50,000 teachers and schools with resources, training, guidance and advice.

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Withdrawing your child (*taken from policies*):

Relationships and health education are statutory and parents do not have the right to withdraw their child from the subjects.

The Assistant Headteacher will automatically grant a parent's request to withdraw their child from sex education, other than the content that must be taught as part of the science curriculum; however, the Assistant Headteacher will discuss the request with the parent and, if appropriate, their child, to ensure that their wishes are understood and to clarify the nature and purpose of the curriculum.

The Assistant Headteacher will inform parents of the benefits of their child receiving RSE and any detrimental effects that withdrawal might have. All discussions with parents will be documented. These records will be kept securely in the school office in line with the school's Records Management Policy.

Resources (*taken from the policies*):

Any resources or materials used to support learning will be formally assessed by the relationships, sex and health education subject leader (AHT Pastoral) before use to ensure they are appropriate for the age and maturity of pupils, and sensitive to their needs.

Throughout every year group, appropriate diagrams, videos, books, games, discussion and practical activities will be used to assist learning. Inappropriate images, videos, etc., will not be used, and resources will be selected with sensitivity given to the age, developmental stage and cultural background of pupils.

Pupils will be prevented from accessing inappropriate materials on the internet when using such to assist with their learning. The prevention measures taken to ensure this are outlined in the school's Online Safety Policy.

Helpful Organisations

- PSHE Association: <https://pshe-association.org.uk/>
- Dove *Confident Me*:
<https://www.dove.com/uk/dove-self-esteem-project/school-workshops-on-body-image-confident-me.html>
- NSPCC *Healthy and Unhealthy Relationships*:
<https://learning.nspcc.org.uk/safeguarding-child-protection/healthy-and-unhealthy-relationships>

Questions and Discussion

