



SMSC at Parkfields Middle School

Physical Education

Examples of Spiritual, Moral, Social and Cultural Education in PE include:

- Reflecting on values surrounding competition which includes 'winning at all costs' as well as sportsmanship and fair play.
- Learning to handle success and defeat with dignity.
- Giving time for group discussions on lesson objectives and outcomes as well as listening to other people's opinions and giving feedback.
- Being introduced to tactics and strategies in sport.
- Developing their moral stance through developing a sense of fair play and positive sporting behaviour as well as reflecting on the need for rules.
- Discovering the role of sport and dance in society.
- Becoming aware of different cultural attitudes towards aspects of physical activity.
- Competing against schools around the county from different cultures.
- Experiencing different roles and the emotions that go with each role.
- Being challenged to increase their personal fitness and know the role in society of being healthy and active and free from illness/disease.
- Learning that sport has rules to keep people safe as does society for the same reason
- Being challenged to give 100% effort in all lessons and having an ethos of encouraging others, as they should in life.
- Reflecting on their actions and how this affects others in a team.
- Believing in themselves and what they can achieve if they have a 'can do' attitude
- The "FREDICE" award is firmly embedded across the whole school.

Spiritual Development in PE

This involves students developing a variety of skills, e.g. performing a sequence in gymnastics, which allows the pupils to express their feelings and emotions as well as be amazed by what their bodies can achieve. This happens within our PE department through a well-balanced PE curriculum where pupils are able to explore many activities and also take on many different roles within sport such as leader or coach. The pupils are able to feel the emotions and feelings that go with each role and activity.

Moral Development in PE

We are concerned with the children having the opportunity to understand how PE can influence their healthy living and lifestyle. PE highlights the advantages of health and lifestyle through team sports and health related fitness. Children are also able to understand the rules of activities and the reasons why they need to abide by them and understand what fair play is. Within the PE department, children are challenged to increase their personal level of fitness and to understand the benefits of this. They are also taught about the importance of being healthy and active and how this plays a role in society as a whole. In lessons, children are taught age appropriate rules, fairness and respect and are taught to abide by these rules. This is linked to the community we live in and the rules which each citizen must live by.

Social Development in PE

Children have the opportunity to work as a team, as well as reflect on feelings of determination and enjoyment. Children are given the role of a coach or leader to develop their social skills in co-operation, communication, commitment, loyalty and team work. The PE department provides a varied and balanced curriculum, which gives pupils the opportunity to work together as a team and work on communication and leadership skills. Many pupils take on the roles of leader and coach during PE lessons. Children are always challenged to give 100% during PE lessons and the department has a strong ethos of encouraging others during lessons.

Cultural Development in PE

In PE, this means pupils are given the opportunity to learn games and dances from different traditions, including their own, as well being able to appreciate the differences between male and female roles within sport. Children have the opportunity to learn many sports which originated from this country and also others. Children are given many opportunities to compete against other schools from around the county in a variety of sports. This often means the children are absorbing themselves into different cultures from around the country and learning respect for these cultures.