

Mental Health Drop-In Service

CAMHS Bedfordshire's Community Access Service (CAS)

Supporting Your Child's Mental Health

PLEASE NOTE THIS IS NOT A MENTAL HEALTH CRISIS SERVICE.

If you or your child is experiencing a mental health crisis, please contact **NHS on 111 option 2**, for the mental health crisis line (all ages). In an emergency, you can also attend your local A&E.

Our community drop-in service provides young people and their families/carers with direct access to a CAMHS clinician. During your drop-in appointment, you will have a brief conversation with a CAMHS clinician to discuss your concerns. The clinician will offer advice and help you understand the most appropriate next steps and available support.

This service is for young people experiencing concerns about their mental health, and parents, carers, or family members who are worried about a young person's emotional wellbeing or mental health.



Please scan the QR code or [CLICK HERE](#) to request a space at our drop-in, or contact our clinic on **01582 707635** to leave your contact details, and we will return your call.

You can access the CAMHS Drop-In Service at the following venues:

Dunstable

67 High Street North
Dunstable
LU6 1JF

Biggleswade Youth Centre

(On the Biggleswade
Academy school grounds)
Mead End
Biggleswade
SG18 8JU

Arlesey Youth Centre

High Street
Arlesey
SG15 6SJ

Flitwick Community Football Centre

Amphill Road
Bedford
MK45 1BA

Whichello's Wharf

The Elms
Stoke Road
Leighton Buzzard
LU7 2TD



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We respect
We are inclusive**



East London
NHS Foundation Trust